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Serving Boca Raton and Highland Beach

MAKING A MEAL OF IT

The Wick museum to debut new immersive restaurant in Boca Raton



The new immersive dining/cabaret space in Boca Raton, which recently had a gala celebration, is expected to open to the public in October. **AMY PASQUANTONIO / COURTESY PHOTO**

By Rod Stafford Hagwood

South Florida Sun Sentinel

Nestled inside The Wick in Boca Raton, the new Museum Club aims to make dining a truly theatrical experience.

When it officially opens in October, visitors will sit at tables surrounded by 360-degree video projections from "My Fair Lady" and mannequins wearing Oscar-winning costumer Cecil Beaton's designs. More than 50 costumes from Beaton's original 1956 Broadway wardrobe will dazzle on display, including the historic dress worn by Julie Andrews.

The late great Beaton himself will greet guests via a video.

Eliza Doolittle, the beloved Cockney flower girl, is the first sartorial subject of this new immersive-restaurant-within-amuseum, with an exhibit that traces the character from her first appearance in George Bernard Shaw's play, "Pygmalion," to all of the leading ladies who have portrayed her on film and onstage right up until a 2018 Broadway revival.

Kimberly Wick, curator at the costume museum, says she and her crew started putting together the project in the late summer of 2021 — the idea born out of a mother-daughter visit to an immersive Van Gogh art exhibit.

"I think the immersive technology is the future of any sort of presentation form in the country, be it your corporate event, or theater as we know it," she says. "I mean, this is absolutely the future. And I think that eventually the future of what we've done in the back will lead into the main auditorium. I just see that happening." During a sneak-peak gala on Sept.

During a sneak-peak gala on Sept. 16, guests got to see how the traditional museum tour has morphed into something more elevated within the space, which can seat about 100 people. Following, find more about the Museum Club at The Wick Theatre & Costume Museum.

What exactly happens in the Museum Club?

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OPINION

My next chapter

When the tennis and aerobic classes in my over-55 community became too strenuous for my 84-year-old spine, I knew it was time for a change

change. As of this writing, it's been two months since I've moved into an independent senior living community. My friends and some of you, dear readers, have asked about life in my new home. To that end, I'll share my thoughts on what's been good, not so good, even the moments when I questioned: "What was I thinking?"

Moving in

Downsizing from a 2,000-squarefoot house with lots of furniture and decades of beautiful memories to an 800-square-foot apartment was tough. I thought I'd weep about the furniture I couldn't take with me, but now I don't give it a thought. Family pictures — dozens of them — not only decorate the walls, but embrace me in loving comfort.

Activities

Here, my daily routine can includes a stretch and balance class, gentle yoga and water aerobics (more like water walking), but my favorite class is something called drumming (drum cardio).

With a large medicine ball (drum) and two wooden drumsticks, we bang to the rhythm of the music blasting overhead. The instructor shouts: "Raise your arms, twist sideways, bang down to the floor." It's a great workout for the heart, waistline and bottled up angry emotions!

Card games — of every kind — are a popular activity for most seniors, but it never held my interest. Perhaps that's why I haven't made many friends as yet. A monthly activities calendar, however, offers numerous options to keep me interested and my



Bea Lewis

brain (slightly) active. There are twice-a-day movies in a theater with comfy seats. Last night, I enjoyed an oldie but goodie "Good Will Hunting" with Matt Damon,

Ben Affleck and Robin Williams. This afternoon, "Madama Butterfly," from the Metropolitan Opera will be shown.

On the schedule today is a book club meeting, a lecture on current events and a class on tech tutoring. On Thursdays at 3 p.m, there's a happy hour — wine served with hors d'oeuvres.

Mealtime

My monthly rental fee includes two meals per day, served in a large dining room with tablecloths and (fake) flowers. (I have breakfast in my apartment.)

The food is good most of the time, with soups and salads, varied main dish choices and always something delicious for dessert. A salmon dish topped with an apricot glaze is my favorite. Somedays, the portion sizes seem smaller; everyone needs to cut costs. The scoop of chocolate mousse offered at lunch today was tiny, for which, frankly, I was grateful.

The not-so-good news, at least for me, is how difficult it's been to make friends at mealtime. I guess a psychologist would say that my shyness triggers those painful feelings from my teen years in the high school cafeteria. Perhaps a hostess could introduce me to other diners. I will submit that idea to the suggestion box.

But wait! Something good just happened. A neighbor across the hall invited me to join her friends for dinner. Things are looking up. Stay tuned.

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Get off the sidelines and play the financial football game

Are you ready for some football... financial football? A football team must plan and execute under pressure to score touchdowns. We, as investors, must set goals, create a plan, and stay disciplined in saving and investing our money.

If we are successful, we score financial touchdowns. It could be buying a new house, saving and paying for college, accumulating enough assets producing enough income to comfortably retire, or something as simple as saving to buy a new pair of shoes. When you achieve it, you have scored a financial touchdown.

Are you a runner or passer investor type? You are more pass-oriented when you select investments designed for higher growth potential on a faster timeline. You are willing to risk dropping the ball or having it intercepted, the equivalent or losing or not making money. You believe that enough passes will be completed to produce profits.

On the other hand, a run-oriented investor aims for slower and steadier growth. You are satisfied with two to three yards per play and are willing to grind it out year after year. It may not be as exciting, but you believe patience pays dividends and helps you sleep at night.

Both methods have the potential to work. Which type are you?

When a set of plays don't work, a team often punts. I believe "punting" is like selling an investment at a loss.



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Many people are not willing to sell their investment at a loss. They hold on hoping to come back to break even. That is like going for it on 4th & 10 on your side of the field. There's a greater likelihood that you're going to end up not getting your money back, not making the first down.

Sometimes it's better to punt, play good defense and get the ball back to invest in a new company that has better profit potential.

In today's market, when basically every investment is going down, it is still important to get off the sidelines and "play the game." The best football players get off the sidelines and play knowing it will take enduring some losses, possible injuries and setbacks. Yet, they play anyway because that's part of the process to win games.

Investment success also comes with accepting that losses or down periods, which can occur, and mental fear and pain that they might have to overcome. We are all feeling the pain this year. Let's design new plays for the changing economy and persist through this negative momentum.

As we have seen in

both football games and the investment markets, momentum can change very quickly.

Yes, fumbles can occur. Some may be uncontrollable, but here are some that are avoidable:

■ Investing short-term money for the long-term. Often a mistake of a younger person. While you may have a lifetime ahead you, if you need to spend the money within a couple years, your age doesn't matter. Your money should be considered to have a short-time horizon.

Deciding to do some "small" home improvements that end up costing two to three times as much. Saving diligently but then spending on an unneeded impulse purchase. Making a high salary but not saving anything. It is like the player who is about to score a touchdown but drops the ball in celebration before crossing the goal line. We have all seen that. Don't let that financial fumble happen to you. Stay committed to the very end.

It's game time and I wish you many financial touchdowns for your money, plus many football touchdowns for your favorite team.

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The opinions expressed in this report are those of the author and are not necessarily those of Wells Fargo Advisors or its affiliates.

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